

## > OODA Lab powered by interpersonal Skills LAB

## Training Overview | 8:30am - 5:30pm

Morning Session: | 8:30am - noon

Time Box*	Content**

25 minutes	Introduction/Briefing/Experiential Exercise
55 minutes	Simulation #1 (focus: analyze own behaviors, give and receive feedback)
15 minutes	Effective planning discussion
10 minutes	Break
35 minutes	Simulation #2 (focus: optimize behaviors from first simulation, roles and
	responsibilities)
25 minutes	Learning transfer discussion #1
15 minutes	Effective debriefing discussion
55 minutes	Lunch

Afternoon Session: | 1:00pm - 5:30pm

## Time Box\* Content\*\*

80 minutes	Simulation #3 (focus: teamwork in complex situations, building trust)
30 minutes	Learning transfer discussion #2
10 minutes	Break
20 minutes	Leadership discussion
60 minutes	Simulation #4 (focus: effective collaboration)
30 minutes	Learning transfer discussion #3
10 minutes	Break
20 minutes	Learning transfer discussion #4 (focus: commit to infuse learnings into
	real life)
15 minutes	OODA Lab training feedback



<sup>\*</sup> Length and sequence may change based on dynamics of the learning situation

<sup>\*\*</sup> Subject to change based on learning needs as the day progresses to bring maximum value to participants